

# Actemra®

Tocilizumab



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## I. DESCRIPTION

### 1.1 Therapeutic / Pharmacologic Class of Drug

Tocilizumab is a recombinant humanized anti-human interleukin-6 (IL-6) receptor monoclonal antibody of the immunoglobulin (Ig) IgG<sub>1</sub> subclass. ATC Code: L04AC07.

### 1.2 Type of Dosage Form

Concentrate solution for infusion.

### 1.3 Route of Administration

Intravenous (IV) infusion.

### 1.4 Sterile / Radioactive Statement

Sterile.

### 1.5 Qualitative and Quantitative Composition

Active ingredient: tocilizumab.

Tocilizumab is a clear to opalescent, colorless to pale yellow liquid, supplied in preservative-free, nonpyrogenic single-use vials.

Tocilizumab is supplied in 10 ml and 20 ml vials containing 4 ml, 10 ml or 20 ml of tocilizumab (20 mg/ml).

Excipients: polysorbate 80, sucrose, disodium phosphate dodecahydrate, sodium dihydrogen phosphate dihydrate and water for injections.

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## 2. CLINICAL PARTICULARS

### 2.1 Therapeutic Indication(s)

#### Rheumatoid Arthritis (RA)

Tocilizumab is indicated for the treatment of moderate to severe active rheumatoid arthritis (RA) in adult patients. Tocilizumab can be used alone or in combination with methotrexate (MTX) and/or other disease-modifying anti-rheumatic drugs (DMARDs). Tocilizumab has been shown to inhibit progression of joint damage as measured by X-ray and to improve physical function.

#### Polyarticular Juvenile Idiopathic Arthritis (pJIA)

Tocilizumab is indicated for the treatment of active polyarticular juvenile idiopathic arthritis in patients 2 years of age and older. Tocilizumab can be given alone or in combination with MTX.

#### Systemic Juvenile Idiopathic Arthritis (sJIA)

Tocilizumab is indicated for the treatment of active systemic juvenile idiopathic arthritis in patients 2 years of age and older. Tocilizumab can be given alone or in combination with MTX.

### 2.2 Dosage and Administration

#### General

Tocilizumab should be diluted by a health care professional with sterile 0.9% w/v sodium chloride solution using aseptic technique (see section 4.2 Special Instructions for Use, Handling and Disposal).

Tocilizumab is recommended for IV infusion over 1 hour.

#### Rheumatoid Arthritis

The recommended dose of tocilizumab for adult patients is 8 mg/kg given once every four weeks as an IV infusion. Tocilizumab can be used alone or in combination with MTX and/or other DMARDs.

For individuals whose body weight is more than 100 kg, doses exceeding 800 mg per infusion are not recommended (see section 3.2 Pharmacokinetic Properties).

#### Dose Modification Recommendations for RA

See section 2.4.1 Warnings and Precautions, General.

- Liver enzyme abnormalities

Lab Value	Action
> 1 to 3 × ULN	Dose-modify concomitant DMARDs if appropriate For persistent increases in this range, reduce tocilizumab dose to 4 mg/kg or interrupt tocilizumab until ALT/AST have normalized Restart with 4 mg/kg or 8 mg/kg as clinically appropriate
> 3 to 5 × ULN (Tests)	Interrupt tocilizumab dosing until < 3 × ULN and follow recommendations above for > 1 to 3 × ULN For persistent increases > 3x ULN, discontinue tocilizumab (confirmed by repeat testing, see section 2.4.4 Laboratory)
> 5 × ULN	Discontinue tocilizumab

● Low absolute neutrophil count (ANC)	
Lab Value (cells × 10 <sup>9</sup> /l)	Action
ANC > 1	Maintain dose
ANC 0.5 to 1	Interrupt tocilizumab dosing When ANC > 1 × 10 <sup>9</sup> /l, resume tocilizumab at 4 mg/kg and increase to 8 mg/kg as clinically appropriate
ANC < 0.5	Discontinue tocilizumab

● Low platelet count	
Lab Value (cells × 10 <sup>9</sup> /µl)	Action
50 to 100	Interrupt tocilizumab dosing When platelet count is > 100 × 10 <sup>9</sup> /µl, resume tocilizumab at 4 mg/kg and increase to 8 mg/kg as clinically appropriate
< 50	Discontinue tocilizumab

#### Polyarticular Juvenile Idiopathic Arthritis (pJIA)

The recommended dose of tocilizumab for patients with pJIA is:

- 10 mg/kg for patients < 30 kilograms (kg),
  - 8 mg/kg for patients ≥ 30 kilograms (kg),
- given once every four weeks as an IV infusion. A change in dose should only be based on a consistent change in the patient's body weight over time. Tocilizumab can be used alone or in combination with MTX.

#### Systemic Juvenile Idiopathic Arthritis (sJIA)

The recommended dose of tocilizumab for patients with sJIA is:

- 12 mg/kg for patients < 30 kilograms (kg),
  - 8 mg/kg for patients ≥ 30 kilograms (kg),
- given once every two weeks as an IV infusion. A change in dose should only be based on a consistent change in the patient's body weight over time. Tocilizumab can be used alone or in combination with MTX.

#### Dose Modification Recommendations for pJIA and sJIA

Dose reduction of tocilizumab has not been studied in the pJIA or sJIA population. Dose interruptions of tocilizumab for laboratory abnormalities are recommended in patients with pJIA or sJIA and are similar to what is outlined above for patients with RA (also see section 2.4.1 Warnings and Precautions, General). If appropriate, concomitant methotrexate and/or other medications should be dose modified or stopped and tocilizumab dosing interrupted until the clinical situation has been evaluated. In pJIA or sJIA, the decision to discontinue tocilizumab for a laboratory abnormality should be based upon the medical assessment of the individual patient.

### 2.2.1 Special Dosage Instructions

**Pediatric use:** The safety and efficacy of tocilizumab in children with conditions other than pJIA or sJIA have not been established. Children under the age of two have not been studied.

**Geriatric use:** No dose adjustment is required in elderly patients >65 years of age.

**Renal impairment:** No dose adjustment is required in patients with mild renal impairment (see section 3.2.3 Pharmacokinetics in Special Populations). Tocilizumab has not been studied in patients with moderate to severe renal impairment.

**Hepatic impairment:** The safety and efficacy of tocilizumab has not been studied in patients with hepatic impairment (see section 2.4.1 Warnings and Precautions, General).

### 2.3 Contraindications

Actemra is contraindicated in patients with a known hypersensitivity to tocilizumab or to any of the excipients.

### 2.4 Warnings and Precautions

#### 2.4.1 General

#### All Indications

In order to improve the traceability of biological medicinal products, the trade name of the administered product should be clearly recorded (or stated) in the patient file.

#### Infections

Serious and sometimes fatal infections have been reported in patients receiving immunosuppressive agents including tocilizumab (see section 2.6 Undesirable Effects). Tocilizumab treatment should not be initiated in patients with active infections. Administration of tocilizumab should be interrupted if a patient develops a serious infection until the infection is controlled. Health-care professionals should exercise caution when considering the use of tocilizumab in patients with a history of recurring infection or with underlying conditions (e.g. diverticulitis, diabetes) which may predispose patients to infections.

Vigilance for the timely detection of serious infection is recommended for patients receiving biologic treatments for moderate to severe RA, pJIA or sJIA as signs and symptoms of acute inflammation may be lessened, associated with suppression of the acute-phase reactants. Patients and parents/guardians of minors with pJIA or sJIA should be instructed to contact a health-care professional immediately when any symptoms suggesting infection appear, in order to assure rapid evaluation and appropriate treatment.

#### Complications of Diverticulitis

Events of diverticular perforation as complications of diverticulitis have been reported in RA patients. Tocilizumab should be used with caution in patients with previous history of intestinal ulceration or diverticulitis. Patients presenting with symptoms potentially indicative of complicated diverticulitis, such as abdominal pain, should be evaluated promptly for early identification of gastrointestinal perforation.

#### Tuberculosis

As recommended for other biologic therapies in rheumatoid arthritis, pJIA or sJIA, patients should be screened for latent tuberculosis infection prior to starting tocilizumab therapy. Patients with latent tuberculosis should be treated with standard antimycobacterial therapy before initiating tocilizumab.

#### Vaccinations

Live and live attenuated vaccines should not be given concurrently with tocilizumab as clinical safety has not been established.

No data are available on the secondary transmission of infection from persons receiving live vaccines to patients receiving tocilizumab.

In a randomized open-label study, adult RA patients treated with tocilizumab and MTX were able to mount an effective response to both the 23-valent pneumococcal polysaccharide and tetanus-toxoid vaccines which was comparable to the response seen in patients on MTX only.

It is recommended that all patients, particularly pJIA or sJIA patients, if possible, be brought up to date with all immunizations in agreement with current immunization guidelines prior to initiating tocilizumab therapy. The interval between live vaccinations and initiation of tocilizumab therapy should be in accordance with current vaccination guidelines regarding immunosuppressive agents.

#### Hypersensitivity Reactions

Serious hypersensitivity reactions, including anaphylaxis with fatal outcome, have been reported in association with infusion of tocilizumab (see section 2.6.1 Clinical Trials, Undesirable Effects). In the post-marketing setting, events of serious hypersensitivity and anaphylaxis, including in some cases with a fatal outcome, have occurred in patients treated with a range of doses of tocilizumab, with or without concomitant arthritis therapies, premedication, and/or a previous hypersensitivity reaction. These events have occurred as early as the first infusion of tocilizumab (see sections 2.3 Contraindications, 2.6.2 Post Marketing). Appropriate treatment should be available for immediate use in the event of an anaphylactic reaction during treatment with tocilizumab. If an anaphylactic reaction or other serious hypersensitivity reaction occurs, administration of tocilizumab should be stopped immediately and tocilizumab should be permanently discontinued (see section 2.2 Dosage and Administration).

#### Active Hepatic Disease and Hepatic Impairment

Treatment with tocilizumab, particularly when administered concomitantly with methotrexate, may be associated with elevations in hepatic transaminases, therefore caution should be exercised when considering treatment of patients with active hepatic disease or hepatic impairment (see sections 2.2.1 Special Dosage Instructions and 2.6.1 Undesirable Effects, Clinical Trials).

#### Hepatotoxicity

Mild and moderate elevations of hepatic transaminases have been observed with tocilizumab treatment (see section 2.6.1 Undesirable Effects, Clinical Trials). Increased frequency of these elevations was observed when drugs, which are known to cause hepatotoxicity (e.g. methotrexate (MTX)), were used in combination with tocilizumab. Serious drug-induced liver injury, including acute liver failure, hepatitis and jaundice, have been observed with tocilizumab (see section 2.6.2 Undesirable Effects, Post Marketing Experience). Serious hepatic injury occurred between 2 weeks to more than 5 years after initiation of tocilizumab. Cases of liver failure resulting in liver transplantation have been reported.

Caution should be exercised when considering initiation of tocilizumab treatment in patients with elevated transaminases ALT or AST above 1.5x ULN. In patients with elevated ALT or AST above 5x ULN treatment is not recommended.

In RA, pJIA and sJIA, ALT/AST should be monitored every 4 to 8 weeks for the first 6 months of treatment followed by every 12 weeks thereafter. For recommended dose modifications, including tocilizumab discontinuation, based on transaminases, see section 2.2 Dosage and Administration.

#### Viral Reactivation

Viral reactivation (e.g. hepatitis B virus) has been reported with biologic therapies for rheumatoid arthritis. In clinical studies with tocilizumab, patients who screened positive for hepatitis were excluded.

#### Demyelinating Disorders

Physicians should be vigilant for symptoms potentially indicative of new onset central demyelinating disorders. The potential for central demyelination with tocilizumab is currently unknown.

#### Neutropenia

Treatment with tocilizumab was associated with a higher incidence of neutropenia. Treatment-related neutropenia was not associated with serious infection in clinical trials (see section 2.6.1 Undesirable Effects, Clinical Trials).

Caution should be exercised when considering initiation of tocilizumab treatment in patients with a low neutrophil count i.e. absolute neutrophil count (ANC) below 2 x 10<sup>9</sup>/L. In patients with an absolute neutrophil count below 0.5 x 10<sup>9</sup>/L treatment is not recommended.

In RA, the neutrophil count should be monitored 4 to 8 weeks after start of therapy and thereafter according to good clinical practice. For recommended dose modifications based on ANC results, see section 2.2 Dosage and Administration [8, 83, 86].

In pJIA and sJIA, the neutrophils count should be monitored at the time of the second administration and thereafter according to good clinical practice (see section 2.2 Dosage and Administration, Dose modifications).

#### Thrombocytopenia

Treatment with tocilizumab was associated with a reduction in platelet counts. Treatment-related reduction in platelets was not associated with serious bleeding events in clinical trials (see section 2.6.1 Undesirable Effects, Clinical Trials).

Caution should be exercised when considering initiation of tocilizumab treatment in patients with a platelet count below 100 x 10<sup>9</sup>/µL. In patients with a platelet count below 50 x 10<sup>9</sup>/µL treatment is not recommended. In RA, platelets should be monitored 4 to 8 weeks after start of therapy and thereafter according to good clinical practice. For recommended dose modifications based on platelet counts, see section 2.2 Dosage and Administration.

In pJIA and sJIA, platelets should be monitored at the time of the second administration and thereafter according to good clinical practice (see section 2.2 Dosage and Administration, Dose modifications).

#### Lipids parameters

Elevations of lipid parameters such as total cholesterol, triglycerides and/ or low density lipoprotein (LDL) cholesterol have been observed (see section 2.6.1 Undesirable Effects, Clinical Trials).

In patients treated with tocilizumab, assessment of lipid parameters should be performed 4 to 8 weeks following initiation of tocilizumab therapy. Patients should be managed according to local clinical guidelines for management of hyperlipidaemia.

#### Systemic Juvenile Idiopathic Arthritis

#### Macrophage Activation Syndrome (MAS)

MAS is a serious life-threatening disorder that may develop in patients with sJIA. In clinical trials, tocilizumab has not been studied in patients during an episode of active MAS.

### 2.4.2 Drug Abuse and Dependence

No studies on the effects on the potential for tocilizumab to cause dependence have been performed. However, there is no evidence from the available data that tocilizumab treatment results in dependence.

### 2.4.3 Ability to Drive and Use Machines

No studies on the effects on the ability to drive and use machines have been performed. However, there is no evidence from the available data that tocilizumab treatment affects the ability to drive and use machines.

### 2.5 Use in Special Populations

#### 2.5.1 Pregnancy

There are no adequate data from the use of tocilizumab in pregnant women. A study in monkeys did not indicate any dysmorphic potential but has yielded a higher number of spontaneous abortion / embryo-fetal death at a high dose (see section 3.3.5 Preclinical Safety, Other). The relevance of these data for humans is unknown.

Tocilizumab should not be used during pregnancy unless clearly indicated by medical need.

#### 2.5.2 Nursing Mothers

It is unknown whether tocilizumab is excreted in human breast milk. Although endogenous immunoglobulins of the IgG isotope are secreted into human milk, a systemic absorption of tocilizumab via breast-feeding is unlikely due to the rapid proteolytic degradation of such proteins in the digestive system. A decision on whether to continue/discontinue breast-feeding or to continue/discontinue therapy with tocilizumab should be made taking into account the benefit of breast-feeding to the child and the benefit of tocilizumab therapy to the woman.

#### 2.5.3 Pediatric Use

See section 2.2.1 Special Dosage Instructions.

#### 2.5.4 Geriatric Use

See sections 2.2.1 Special Dosage Instructions and 3.2.3 Pharmacokinetics in Special Populations.

### 2.5.5 Renal Impairment

See sections 2.2.1 Special Dosage Instructions and 3.2.3 Pharmacokinetics in Special Populations.

### 2.5.6 Hepatic Impairment

See sections 2.2.1 Special Dosage Instructions and 3.2.3 Pharmacokinetics in Special Populations.

### 2.6 Undesirable Effects

#### 2.6.1 Clinical Trials

#### Rheumatoid Arthritis:

The safety of tocilizumab has been studied in 5 Phase III, double-blind controlled trials and their extension periods.

The *all control* population includes all patients from the double-blind phases of each core study from randomization until either the first change in the treatment regimen, or two years is reached. The control period in 4 of the studies was 6 months and in 1 study was up to 2 years. In the double-blind controlled studies, 774 patients received tocilizumab 4 mg/kg in combination with MTX. 1870 patients received tocilizumab 8 mg/kg in combination with MTX or other DMARDs and 288 patients received tocilizumab 8 mg/kg monotherapy.

The *all exposure* population includes all patients who received at least one dose of tocilizumab either in the double-blind control period or open-label extension phase in studies. Of the 4009 patients in this population, 3577 received treatment for at least 6 months, 3296 for at least one year, 2806 received treatment for at least 2 years and 1222 for 3 years.

Adverse Drug Reactions (ADRs) from clinical trials (Table 1) are listed by MedDRA system organ class according to clinical importance to the patient. The corresponding frequency category for each ADR is based on the following convention: very common (≥1/10), common (≥1/100 to < 1/10) or uncommon (≥1/1000 to < 1/100).

Table 1 Summary of ADRs occurring in patients with rheumatoid arthritis receiving tocilizumab treatment as monotherapy or in combination with methotrexate or other DMARDs in the all control population

System Organ Class	Very Common	Common	Uncommon
<b>Infections and infestations</b>	Upper respiratory tract infections	Cellulitis, oral herpes simplex, herpes zoster	Diverticulitis
<b>Gastrointestinal disorders</b>		Abdominal pain, mouth ulceration, gastritis	Stomatitis, gastric ulcer
<b>Skin and subcutaneous tissue disorders</b>		Rash, pruritus, urticaria	
<b>Nervous system disorders</b>		Headache, dizziness	
<b>Investigations</b>		Hepatic transaminases increased, weight increased	Total bilirubin increased
<b>Vascular disorders</b>		Hypertension	
<b>Blood and lymphatic system disorders</b>		Leucopenia, neutropenia	
<b>Metabolism and nutrition disorders</b>		Hypercholesterolemia	Hypertiglyceridemia
<b>General disorders and administration site conditions</b>		Peripheral edema, hypersensitivity reaction	
<b>Respiratory, thoracic and mediastinal disorders</b>		Cough, dyspnea	
<b>Eye disorders</b>		Conjunctivitis	
<b>Renal disorders</b>			Nephrolithiasis
<b>Endocrine disorders</b>			Hypothyroidism

**Infections**
In the 6-month controlled trials, the rate of all infections reported with tocilizumab 8 mg/kg+DMARD treatment was 127 events per 100 patient (pt) years compared to 112 events per 100 pt years in the placebo+DMARD group. In the *all exposure* population, the overall rate of infections with tocilizumab was 108 events per 100 pt years exposure. In 6-month controlled clinical trials, the rate of serious infections (bacterial, viral and fungal) with tocilizumab 8 mg/kg+DMARD was 5.3 events per 100 pt years exposure compared to 3.9 events per 100 pt years exposure in the placebo+DMARD group. In the monotherapy study, the rate of serious infections was 3.6 events per 100 pt years of exposure in the tocilizumab group and 1.5 events per 100 pt years of exposure in the MTX group.

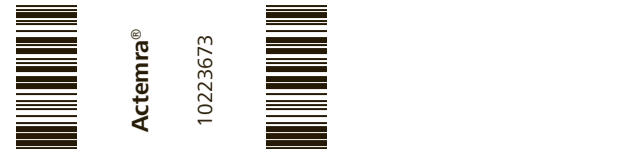
In the *all exposure* population, the overall rate of serious infections was 4.7 events per 100 pt years. Reported serious infections, some with fatal outcome, included pneumonia, cellulitis, herpes zoster, gastroenteritis, diverticulitis, sepsis, bacterial arthritis. Cases of opportunistic infections have also been reported.

**Gastrointestinal Perforation**
During the 6-month controlled clinical trials, the overall rate of gastrointestinal perforation was 0.26 events per 100 pt years with tocilizumab therapy. In the *all exposure* population, the overall rate of gastrointestinal perforation was 0.28 events per 100 pt years. Reports of gastrointestinal perforation on tocilizumab were primarily reported as complications of diverticulitis including generalized purulent peritonitis, lower GI perforation, fistula and abscess.

**Infusion Reactions**
In the 6-month controlled trials, adverse events associated with infusion (selected events occurring during or within 24 hours of infusion) were reported by 6.9% of patients in the tocilizumab 8 mg/kg+DMARD and 5.1% of patients in the placebo+DMARD group. Events reported during the infusion were primarily episodes of hypertension; events reported within 24 hours of finishing an infusion were headache and skin reactions (rash, urticaria). These events were not treatment limiting.

The rate of anaphylaxis (occurring in a total of 6/3778 patients) was several-fold higher in the 4 mg/kg arm in comparison to the 8 mg/kg dose. Clinically significant hypersensitivity reactions associated with tocilizumab and requiring treatment discontinuation were reported in a total of 13 out of 3778 patients (0.3%) treated with tocilizumab during the controlled and open-label clinical trials. These reactions were generally observed during the second to fifth infusions of tocilizumab (see section 2.4.1 Warnings and Precautions, General).

**Immunogenicity**
A total of 2,876 patients have been tested for anti-tocilizumab antibodies in the 6-month controlled clinical trials. Forty-six patients (1.6%) developed positive anti-tocilizumab antibodies of whom 5 had an associated medically significant hypersensitivity reaction leading to withdrawal. Thirty patients (1.1%) developed neutralizing antibodies.



**Early Rheumatoid Arthritis:**
Study VI (WA19926) evaluated 1162 patients with early, moderate to severe RA who were naïve to treatment with both MTX and a biologic agent. The overall safety profile observed in the tocilizumab treatment groups was consistent with the known safety profile of tocilizumab (see Table 1) (see section 3.1.2 Clinical Efficacy Studies).

#### Monotherapy: Tocilizumab versus Adalimumab:

In a 24-week double-blinded, parallel study (monotherapy with tocilizumab 8 mg/kg IV q4w (N=162) compared to adalimumab 40 mg SC q2w (N=162)), the overall clinical adverse event profile was similar between tocilizumab and adalimumab. The proportion of patients with serious adverse events was balanced between the treatment groups (tocilizumab 11.7% vs. adalimumab 9.9%) with the most common event being infections (3.1% each). Both study treatments induced the same pattern of changes in laboratory safety parameters (decreases in neutrophil and platelet counts, increases in ALT, AST and lipids), however, the magnitude of change and the frequency of marked abnormalities was higher with tocilizumab compared with adalimumab. Four (2.5%) patients in the tocilizumab arm and two (1.2%) patients in the adalimumab arm experienced CTC grade 3 or 4 neutrophil count decreases. Eleven (6.8%) patients in the tocilizumab arm and five (3.1%) patients in the adalimumab arm experienced ALT increases of CTC grade 2 or higher. The mean LDL increase from baseline was 0.64 mmol/l (25 mg/dl) for patients in the tocilizumab arm and 0.19 mmol/l (7 mg/dl) for patients in the adalimumab arm. The safety observed in the tocilizumab arm was consistent with the known safety profile of tocilizumab and no new or unexpected adverse drug reactions were observed (see Table 1) (see section 3.1.2 Clinical Efficacy Studies).

#### Polyarticular Juvenile Idiopathic Arthritis:

The safety of tocilizumab was studied in 188 pediatric patients, 2 to 17 years of age, with pJIA. The total patient exposure in the tocilizumab *all exposure* population was 184.4 patient-years. In general, the types of adverse drug reactions in patients with pJIA were similar to those seen in RA and sJIA patients (see section 2.6 Undesirable Effects).

#### Infections

The rate of infections in the tocilizumab *all exposure* population was 163.7 per 100 patient years. The most common events observed were nasopharyngitis and upper respiratory tract infections. The rate of serious infections was numerically higher in patients weighing <30 kg treated with 10 mg/kg tocilizumab (12.2 per 100 patient years) compared to patients weighing ≥30 kg, treated with 8 mg/kg tocilizumab (4.0 per 100 patient years). The incidence of infections leading to dose interruptions was also numerically higher in patients weighing <30 kg treated with 10 mg/kg tocilizumab (21.4%) compared to patients weighing ≥30 kg, treated with 8 mg/kg tocilizumab (7.6%).

#### Infusion Reactions

In pJIA patients, infusion-related reactions are defined as all events occurring during or within 24 hours of an infusion. In the tocilizumab *all exposure* population, 11 patients (5.9%) experienced infusion reactions during the infusion, and 38 patients (20.2%) experienced an event within 24 hours of an infusion. The most common events occurring during infusion were headache, nausea and hypotension and within 24 hours of infusion were dizziness and hypotension. In general, the adverse drug reactions observed during or within 24 hours of an infusion were similar in nature to those seen in RA and sJIA patients (see section 2.6 Undesirable Effects).

No clinically significant hypersensitivity reactions associated with tocilizumab and requiring treatment discontinuation were reported.

#### Immunogenicity

One patient in the 10 mg/kg <30 kg group developed positive anti-tocilizumab antibodies without developing a hypersensitivity reaction and subsequently withdrew from the study.

#### Systemic Juvenile Idiopathic Arthritis:

When starting or stopping therapy with tocilizumab, patients taking medicinal products, which are individually dose-adjusted and are metabolised via CYP450 3A4, 1A2, or 2C9 (e.g. atorvastatin, calcium channel blockers, theophylline, warfarin, phenytoin, ciclosporin, or benzodiazepines) should be monitored as doses of these products may need to be adjusted to maintain their therapeutic effect. Given its long elimination half-life (*t*<sub>1/2</sub>), the effect of tocilizumab on CYP450 enzyme activity may persist for several weeks after stopping therapy.

## 3. PHARMACOLOGICAL PROPERTIES AND EFFECTS

### 3.1 Pharmacodynamic Properties

In clinical studies with tocilizumab, rapid decreases in C-reactive protein (CRP), erythrocyte sedimentation rate (ESR), serum amyloid A and fibrinogen were observed. Increases in hemoglobin levels were observed, through tocilizumab decreasing the IL-6-driven effects on hepcidin production to increase iron availability.

In healthy subjects administered tocilizumab in doses from 2 to 28 mg/kg, absolute neutrophil counts decreased to their lowest 3 to 5 days following administration. Thereafter, neutrophils recovered towards baseline in a dose-dependent manner. Rheumatoid arthritis patients demonstrated a similar pattern of absolute neutrophil counts following tocilizumab administration (see section 2.4.1 Warnings and Precautions, General).

### 3.1.1 Mechanism of Action

Tocilizumab is a recombinant humanized anti-human interleukin-6 (IL-6) receptor monoclonal antibody of the immunoglobulin (Ig) IgG<sub>1</sub> subclass. Tocilizumab binds specifically to both soluble and membrane-bound IL-6 receptors (sIL-6R and mIL-6R), and has been shown to inhibit sIL-6R and mIL-6R-mediated signaling. IL-6 is a multifunctional cytokine, produced by a variety of cell types involved in local paracrine function as well as regulation of systemic physiological and pathological processes such as induction of immunoglobulin secretion, T-cell activation, induction of hepatic acute-phase proteins and stimulation of hematopoiesis. IL-6 has been implicated in the pathogenesis of diseases including inflammatory diseases, osteoporosis, and neoplasia.

The possibility exists for tocilizumab to affect host defences against infections and malignancies. The role of IL-6 receptor inhibition in the development of malignancies is not known.

### 3.1.2 Clinical / Efficacy Studies

**Rheumatoid Arthritis**
The efficacy of tocilizumab in alleviating the signs and symptoms of rheumatoid arthritis was assessed in five randomized, double-blind, multicenter studies. Studies I–V required patients ≥ age 18 with active rheumatoid arthritis diagnosed according to American College of Rheumatology (ACR) criteria who had at least 8 tender and 6 swollen joints at baseline.

Tocilizumab was administered intravenously every 4 weeks as monotherapy (Study I), in combination with MTX (Studies II, III, V) or with other disease-modifying anti-rheumatic drugs (DMARDs) (Study IV).

Study I evaluated 673 patients who had not been treated with MTX within 6 months prior to randomization, and who had not discontinued previous MTX treatment as a result of clinically important toxic effects or lack of response. The majority (67%) of patients were MTX-naïve. Doses of 8 mg/kg of tocilizumab were given every four weeks as monotherapy. The comparator group was weekly MTX (dose titrated from 7.5 to a maximum of 20 mg weekly over an 8-week period). The primary endpoint was the proportion of patients who achieved an ACR20 response at week 24. Study II, 2-year study, evaluated 1196 patients who had an inadequate clinical response to MTX. Doses of 4 or 8 mg/kg of tocilizumab or placebo were given every four weeks for four weeks as blinded therapy for 52 weeks, in combination with stable MTX (10–25 mg weekly). The primary endpoint at week 24 was the proportion of patients who achieved ACR20 response criteria. At week 52, the co-primary endpoints were prevention of joint damage and improvement in physical function.

Study III evaluated 623 patients who had an inadequate clinical response to MTX. Doses of 4 or 8 mg/kg of tocilizumab or placebo were given every four weeks, in combination with stable MTX (10–25 mg weekly). Study IV evaluated 1220 patients who had an inadequate response to their existing rheumatologic therapy, including one or more DMARDs. Doses of 8 mg/kg tocilizumab or placebo were given every four weeks, in combination with the stable DMARD. Study V evaluated 499 patients who had an inadequate clinical response or were intolerant to one or more anti-TNF therapies. The anti-TNF agent was discontinued prior to randomization. Doses of 4 or 8 mg/kg of tocilizumab or placebo were given every four weeks, in combination with stable MTX (10–25 mg weekly). The primary endpoint for Studies III–V was the proportion of patients who achieved an ACR20 response at week 24.

The percent of patients achieving ACR 20, 50 and 70 responses in Studies I to V are shown in Table 2.

**Table 2 ACR Responses in MTX/Placebo-Controlled Trials (Percent of Patients)**

Response Rate	Study I MTX-Naïve		Study II Inadequate Response to MTX		Study III Inadequate Response to MTX		Study IV Inadequate Response to DMARD		Study V Inadequate Response to TNF-Blocking Agent	
	TCZ 8 mg/kg	MTX N=286	TCZ 8 mg/kg+MTX N=284	Placebo+MTX N=398	TCZ 8 mg/kg+MTX N=393	Placebo+MTX N=205	TCZ 8 mg/kg+DMARD N=803	Placebo+DMARD N=413	TCZ 8 mg/kg+MTX N=170	Placebo+MTX N=158
ACR20										
Week 24	70%***	52%	56%***	27%	59%***	26%	61%***	24%	50%***	10%
ACR50										
Week 24	44%**	33%	32%***	10%	44%***	11%	38%***	9%	29%***	4%
Week 52										
			36%***	10%						
ACR70										
Week 24	28%**	15%	13%***	2%	22%***	2%	21%***	3%	12%**	1%
Week 52										
			20%***	4%						
MCR† by week 52										
			7%	1%						

TCZ = tocilizumab
\**p* < 0.05, tocilizumab vs. placebo+MTX/DMARD
\*\**p* < 0.01, tocilizumab vs. placebo+MTX/DMARD
\*\*\**p* < 0.0001, tocilizumab vs. placebo+MTX/DMARD
† MCR = major clinical response, defined as an ACR70 response maintained for any 24 consecutive weeks or more.

In all studies, 8 mg/kg tocilizumab-treated patients had statistically significant higher ACR20, 50, 70 response rates at 6 months compared to control. The treatment effect was similar in patients independent of rheumatoid factor status, age, gender, race, number of prior treatments or disease status. Time to onset was rapid (as early as week 2) and the magnitude of response continued to improve with duration of treatment. Continued durable responses were seen for over 3 years in the open-label extension studies of Studies I–V.

In the 8 mg/kg tocilizumab-treated patients, significant improvements were noted on all individual components of the ACR response (tender and swollen joint counts, patients and physician global assessment, disability index scores [HAQ], pain assessment and CRP) compared to patients receiving placebo+MTX/DMARDs in all studies. Tocilizumab 8 mg/kg treated patients had a statistically significantly greater reduction in disease activity score (DAS28) than patients treated with placebo+DMARD. A good to moderate EULAR response was achieved by significantly more tocilizumab-treated patients compared to patients treated with placebo+DMARD (Table 3).

**Table 3 Cross-Study Comparison of DAS and EULAR Responses at Week 24**

Change in DAS28 remission (%)	Study I MTX-Naïve		Study II Inadequate Response to MTX		Study III Inadequate Response to MTX		Study IV Inadequate Response to DMARD		Study V Inadequate Response to TNF-Blocking Agent	
	TCZ 8 mg/kg	MTX N=286	TCZ 8 mg/kg+MTX N=284	Placebo+MTX N=398	TCZ 8 mg/kg+MTX N=393	Placebo+MTX N=205	TCZ 8 mg/kg+DMARD N=803	Placebo+DMARD N=413	TCZ 8 mg/kg+MTX N=170	Placebo+MTX N=158
Week 24	-3.31 (0.12)	-2.05 (0.12)	-3.11 (0.09)***	-1.45 (0.11)	-3.43 (0.12)***	-1.55 (0.15)	-3.17 (0.07)***	-1.16 (0.09)	-3.16 (0.11)***	-0.95 (0.22)
DAS<2.6 response (%)										
Week 24	33.6%	12.1%	33.3%***	3.8%	27.5%***	0.8%	30.2%***	3.4%	30.1%***	1.6%
EULAR response (%)										
None	18%	35%	26%	65%	20%	65%	20%	62%	32%	84%
Moderate	42%	48%	29%	41%	32%	40%	33%	31%	31%	15%
Good†	40%	17%	41%***	6%	38%***	3%	40%***	4%	37%***	2%

TCZ = tocilizumab
† The p value compares across all the EULAR categories.
\**p* < 0.05, tocilizumab vs. placebo+MTX/DMARD
\*\**p* < 0.01, tocilizumab vs. placebo+MTX/DMARD
\*\*\**p* < 0.0001, tocilizumab vs. placebo+MTX/DMARD
† In Study II, 47% of patients achieved a DAS28 < 2.6 at 52 weeks compared to 33% of patients at week 24.

#### Major Clinical Response

After 2 years of treatment with tocilizumab/MTX, 14% of patients achieved a major clinical response (maintenance of an ACR70 response for 24 weeks or more).

#### Radiographic Response

In Study II, in patients with an inadequate response to MTX, inhibition of structural joint damage was assessed radiographically and expressed as change in modified Sharp score and its components, the erosion score and joint space narrowing score. Inhibition of joint structural damage was shown with significantly less radiographic progression in patients receiving tocilizumab compared to control (see Table 4 below).

In the open-label extension of Study II, the inhibition of progression of structural damage in tocilizumab/MTX-treated patients was maintained in the second year of treatment.

**Table 4 Radiographic Mean Changes at 52 and 104 Weeks in Study II**

Changes from baseline to week 52	PBO + MTX (+ option of TCZ from week 16)	TCZ 8 mg/kg + MTX
<b>N</b>	294	353
<b>Total Sharp-Genant score</b>	1.17	0.25
<b>Erosion score</b>	0.76	0.15
<b>JSN score</b>	0.41	0.10
Change from week 52 to week104		
<b>N</b>	294	353
<b>Total Sharp-Genant score</b>	0.79	0.12
<b>Erosion score</b>	0.48	0.07
<b>JSN score</b>	0.31	0.05

PBO placebo
MTX methotrexate
TCZ tocilizumab
JSN joint space narrowing

All data presented was read together in campaign 2 which consists of the evaluations of the baseline, week 24, week 52, week 80, week 104 and early withdrawal or escape therapy readings taken up to week 104 visit.

Following 1 year of treatment with tocilizumab/MTX, 83% of patients had no progression of structural damage, as defined by a change in the total Sharp score (TSS) of zero or less, compared with 67% of placebo/ MTX-treated patients. This remained consistent following 2 years of treatment (83%). Ninety-three percent (93%) of patients had no progression between week 52 and week 104.

#### Quality of Life Outcomes

Clinically significant improvements in disability index (HAQ-DI, Health Assessment Questionnaire Disability Index), fatigue (FACIT-Fatigue, Functional Assessment of Chronic Illness Therapy Fatigue) and improvement in both the physical (PCS, Physical Component Summary) and mental health (MCS, Mental Component Summary) domains of the SF-36 (Short Form 36) were observed in patients treated with 8 mg/kg tocilizumab (monotherapy or combination with DMARDs) compared to patients treated with MTX/DMARDs (Table 5).

At week 24, the proportion of 8 mg/kg tocilizumab-treated patients showing a clinically relevant improvement in HAQ-DI (defined as an individual total score decrease of >0.25) was significantly higher than among patients receiving placebo + MTX/DMARDs in all studies. During the open-label period of Study II the improvement in physical function has been maintained for up to 2 years.

**Table 5 Comparison of SF-36, HAQ and FACIT-Fatigue Responses at Week 24**

Study I MTX-Naïve		Study II Inadequate Response to MTX		Study III Inadequate Response to DMARD		Study IV Inadequate Response to MTX		Study V Inadequate Response to TNF-Blocking Agent	
TCZ 8 mg/kg	MTX N=286	TCZ 8 mg/kg+MTX N=284	Placebo+MTX N=398	TCZ 8 mg/kg+MTX N=393	Placebo+MTX N=205	TCZ 8 mg/kg+DMARD N=803	Placebo+DMARD N=413	TCZ 8 mg/kg+MTX N=170	Placebo+MTX N=158
<b>Change in PCS [mean (Adjusted mean [SE])]</b>									
10.2 (0.7)	8.4 (0.7)	8.1 (0.6)**	5.6 (0.7)	9.5 (0.8)***	5.0 (0.7)	8.9 (0.4)***	4.1 (0.6)	8.0 (0.9)**	2.2 (1.3)
<b>Change in MCS [mean (Adjusted mean [SE])]</b>									
6.9 (0.9)	6.2 (0.9)	4.7 (0.8)	5.8 (0.9)	7.3 (1.1)**	2.7 (0.9)	2.7 (1.3)	5.3 (0.6)**	2.3 (0.7)	4.1 (1.1)
<b>Change in HAQ-DI [mean (Adjusted mean [SE])]</b>									
-0.70 (0.05)	-0.52 (0.05)	-0.54 (0.04)**	-0.3 (0.04)	-0.55 (0.03)**	-0.34 (0.03)**	-0.47 (0.03)**	-0.2 (0.02)	-0.39 (0.05)**	-0.05 (0.07)
<b>Change in FACIT-Fatigue [mean (Adjusted mean [SE])]</b>									
9.3 (0.9)	7.0 (0.8)	6.4 (0.7)	5.4 (0.8)	8.6 (0.9)***	4.0 (1.0)	8.0 (0.5)**	3.6 (0.7)	8.8 (1.0)**	4.2 (1.0)

TCZ = tocilizumab
\**p* < 0.05, tocilizumab vs. placebo+MTX/DMARD
\*\**p* < 0.01, tocilizumab vs. placebo+MTX/DMARD
\*\*\**p* < 0.0001, tocilizumab vs. placebo+MTX/DMARD

In Study II, changes in PCS, MCS and FACIT-Fatigue at 52 weeks were 10.1\*\*\*, 5.4 and 8.4\*\*, respectively, in the TCZ 8 mg/kg+MTX group compared to 5.6, 3.8 and 5.5, respectively, in the placebo plus MTX group. At week 52, the mean change in HAQ-DI was –0.58 in the TCZ 8 mg/kg+MTX group compared with –0.39 in the placebo+MTX group. The mean change in HAQ-DI was maintained at week 104 in the TCZ 8 mg/kg+MTX group (–0.61).

#### Laboratory Evaluations

Treatment with 8 mg/kg tocilizumab in combination with DMARD/MTX or as monotherapy resulted in a highly statistically significant improvement in hemoglobin levels compared with placebo + MTX/DMARD (*p*<0.0001) at week 24. The greatest improvement was observed in patients with chronic anemia associated with RA; mean hemoglobin levels increased by week 2 and remained within normal range through week 24.

A marked decrease in mean levels of acute-phase reactants, CRP, ESR, and serum amyloid A occurred rapidly after tocilizumab administration. Consistent with the effect on acute-phase reactants, treatment with tocilizumab was associated with reduction in platelet count within the normal range.

#### MTX naïve, Early RA

Study VI, a 2 year study with the planned primary analysis at week 52 evaluated 1162 MTX-naïve adult patients with moderate to severe, active early RA (mean disease duration ≤ 6 months). This study evaluated the efficacy of IV tocilizumab 4 or 8 mg/kg every 4 weeks/MTX combination therapy, IV tocilizumab 8 mg/kg monotherapy and MTX monotherapy in reducing the signs and symptoms and rate of progression of joint damage for 104 weeks. The primary endpoint was the proportion of patients achieving DAS28 remission (DAS28 < 2.6) at week 24. A significantly higher proportion of patients in the tocilizumab 8 mg/kg + MTX and tocilizumab monotherapy groups met the primary endpoint compared with MTX alone. The tocilizumab 8 mg/kg + MTX group also showed statistically significant results across the key secondary endpoints. Numerically greater responses compared with MTX alone were observed in the tocilizumab 8 mg/kg monotherapy group in all secondary endpoints, including radiographic endpoints. In this study, ACR/EULAR remission (Boolean and Index) were also analysed as pre-specified exploratory endpoints, with higher responses observed in the tocilizumab groups. The results from study VI are shown in Table 6.

**Table 6: Efficacy Results for Study VI (WA19926) on MTX-naïve, early RA patients**

		TCZ 8 mg/kg + MTX	TCZ 8 mg/kg + placebo	Placebo + MTX
		N=290	N=292	N=287
<b>Primary Endpoint</b>				
DAS28 Remission				
Week 24	n (%)	130 (44.8)***	113 (38.7)**	43 (15.0)
<b>Key Secondary Endpoints</b>				
DAS 28 remission				
Week 52	n (%)	142 (49.0)***	115 (39.4)	56 (19.5)
ACR				
Week 24	ACR20, n (%)	216 (74.5)*	205 (70.2)	187 (65.2)
	ACR50, n (%)	165 (56.9)**	139 (47.6)	124 (43.2)
	ACR70, n (%)	112 (38.6)**	88 (30.1)	73 (25.4)
Week 52	ACR20, n (%)	195 (67.2)*	184 (63.0)	164 (57.1)
	ACR50, n (%)	162 (55.9)**	144 (49.3)	117 (40.8)
	ACR70, n (%)	125 (43.1)**	105 (36.0)	83 (28.9)
HAQ-DI (adjusted mean change from baseline)				
Week 52		-0.81*	-0.67	-0.64

		TCZ 8 mg/kg + MTX	TCZ 8 mg/kg + placebo	Placebo + MTX
		N=290	N=292	N=287
<b>Radiographic Endpoints (mean change from baseline)</b>				
Week 52				
	mTSS	0.08***	0.26	1.14
	Erosion Score	0.05***	0.15	0.63
	JSN	0.03	0.11	0.51
Radiographic Non-Progression n (%) (change from baseline in mTSS of <=0)				
		226 (83)**	226 (82)†	194 (73)
<b>Exploratory Endpoints</b>				
Week 24: ACR/EULAR Boolean Remission, n (%)				
		47 (18.4)‡	38 (14.2)	25 (10.0)
	ACR/EULAR Index Remission, n (%)	73 (28.5)‡	60 (22.6)	41 (16.4)
Week 52: ACR/EULAR Boolean Remission, n (%)				
		59 (25.7)‡	43 (18.7)	34 (15.5)
	ACR/EULAR Index Remission, n (%)	83 (36.1)‡	69 (30.0)	49 (22.4)

All efficacy comparisons vs Placebo + MTX. \*\*\**p* < 0.0001; \*\**p* < 0.001; \**p* < 0.05; †*p*-value < 0.05 vs. Placebo + MTX, but endpoint was exploratory (not included in the hierarchy of statistical testing and has therefore not been controlled for multiplicity)

#### Cardiovascular Outcomes

Study WA25204 was a randomized, open-label (sponsor-blinded), 2-arm parallel-group, multi center, non-inferiority, cardiovascular (CV) outcomes trial in patients with a diagnosis of moderate to severe RA. This CV safety study was designed to exclude a moderate increase in CV risk in patients treated with TCZ compared with a TNF inhibitor standard of care (etanercept [ETA]).

The study included 3,080 seropositive RA patients with active disease and an inadequate response to non-biologic disease-modifying anti-rheumatic drugs, who were aged ≥50 years with at least one additional CV risk factor beyond RA. Patients were randomized 1:1 to IV TCZ 8 mg/kg Q4W or SC ETA 50 mg QW and followed for an average of 3.2 years. The primary endpoint was the comparison of the time-to-first occurrence of any component of a composite of major adverse CV events (MACE); non-fatal myocardial infarction, non-fatal stroke, or CV death), with the final intent-to-treat analysis based on a total of 161 confirmed CV events reviewed by an independent and blinded adjudication committee. Non-inferiority of TCZ to ETA for cardiovascular risk was determined by excluding a >80% relative increase in the risk of MACE. The primary endpoint was met such that a >43% increase in the risk of MACE could be excluded (hazard ratio [HR] comparing TCZ to ETA = 1.05; 95% CI = 0.77, 1.43).

**Monotherapy: Tocilizumab versus Adalimumab**
Study WA19924 evaluated 326 patients with RA who were intolerant of MTX or where continued treatment with MTX was considered inappropriate (including MTX inadequate responders). Patients in the tocilizumab arm received an intravenous (IV) infusion of tocilizumab (8 mg/kg) every 4 weeks (q4w) and a subcutaneous (SC) placebo injection every 2 weeks (q2w). Patients in the adalimumab arm received an adalimumab SC injection (40 mg) q2w plus an IV placebo infusion q4w.

A statistically significant superior treatment effect was seen in favor of tocilizumab over adalimumab in control of disease activity from baseline to week 24 for the primary endpoint of change in DAS28 and for all secondary endpoints (Table 7).

ADA + Placebo (IV)		TCZ + Placebo (SC)		p-value†
N = 162		N = 163		
<b>Primary Endpoint – Mean Change from Baseline at Week 24</b>				
DAS28 (adjusted mean)				
		-1.8	-3.3	
<b>Difference in adjusted mean (95% CI)</b>				
		-1.5 (-1.8, -1.1)		<0.0001
<b>Secondary Endpoints – Percentage of Responders at Week 24‡</b>				
DAS28 < 2.6, N(%)				
		18 (10.5)	65 (39.9)	<0.0001
DAS28 ≤ 3.2,N (%)				
		32 (19.8)	84 (51.5)	<0.0001
ACR20 response, N (%)				
		80 (49.4)	106 (65.0)	0.0038
ACR50 response, N (%)				
		45 (27.8)	77 (47.2)	0.0002
ACR70 response, N (%)				
		29 (17.9)	53 (32.5)	0.0023

† p value is adjusted for region and duration of RA for all endpoints and additionally baseline value for all continuous endpoints.

‡ Responders imputation used for missing data. Multiplicity controlled using Bonferroni-Holm Procedure.

#### Polyarticular Juvenile Idiopathic Arthritis

The efficacy of tocilizumab was assessed in a three-part study including an open-label extension in children with active polyarticular juvenile idiopathic arthritis (pJIA). Part I consisted of a 16-week active tocilizumab treatment lead-in period (N=188) followed by Part II, a 24-week randomized double-blind placebo-controlled withdrawal period (ITT, N=163), followed by Part III, a 64-week open-label period. Eligible patients ≥ 30 kg received tocilizumab at 8 mg/kg for 4 doses. Patients < 30 kg were randomized 1:1 to receive either tocilizumab 8 mg/kg or 10 mg/kg IV every 4 weeks for 4 doses. Patients who completed Part I of the study and achieved at least a JIA ACR30 response at week 16 compared to baseline entered the blinded withdrawal period (Part II) of the study. In Part II, patients were randomized to tocilizumab (same dose received in Part I) or placebo in a 1:1 ratio was stratified by concurrent methotrexate use and concurrent corticosteroid use. Each patient continued in Part II of the study until week 40 or until the patient satisfied JIA ACR30 flare criteria (relative to week 16) and qualified for escape.

The primary endpoint was the proportion of patients with a JIA ACR30 flare at week 40 relative to week 16. Forty eight percent (48.1%, 30/81) of the patients treated with placebo flared compared with 25.6% (21/82) of TCZ-treated patients. These proportions were statistically significantly different (*p* < 0.0024).

At the conclusion of Part I, JIA ACR 30/50/70/90 responses were 89.4%, 83.0%, 62.2%, and 26.1%, respectively.

During the withdrawal phase (Part