

## SUMMARY OF PRODUCT CHARACTERISTICS

### 1. NAME OF THE MEDICINAL PRODUCT

Neurexan®, tablets

### 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

1 tablet contains the active substances:

|                        |      |        |
|------------------------|------|--------|
| Avena sativa           | D 2  | 0,6 mg |
| Coffea arabica         | D 12 | 0,6 mg |
| Passiflora incarnata   | D 2  | 0,6 mg |
| Zincum isovalerianicum | D 4  | 0,6 mg |

Excipient with known effect: each tablet contains 300 mg of lactose monohydrate.  
For the list of excipients, see section 6.1.

### 3. PHARMACEUTICAL FORM

Tablets

### 4. CLINICAL PARTICULARS

#### 4.1 Therapeutic indications

Nervous restlessness and sleep disturbances.

#### 4.2 Posology and method of administration

Unless otherwise prescribed:

Adults (and adolescents aged 12 yrs. and older):

In acute conditions, dissolve 1 tablet in the mouth every ½ to 1 hour, maximum 6 times daily.

Do not take for longer than 1 week without medical consultation.

In chronic forms, dissolve 1 tablet in the mouth 1-3 times daily.

If the symptoms improve, the frequency of administration should be reduced.

#### Duration of treatment

Like all medicines, homeopathic medicines should not be used for long periods without medical consultation.

#### Method of administration

Preferably allow the tablet to dissolve in the mouth, and then swallow. This medicine should be taken away from meals.

#### 4.3 Contraindications

Neurexan should not be taken if you are allergic to any of the active ingredients or any of the other ingredients of this medicine.

#### 4.4 Special warnings and precautions for use

Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product.

#### **4.5 Interaction with other medicinal products and other forms of interaction**

No interactions have been reported, and none are expected due to the homeopathic dilutions.

#### **4.6 Fertility, pregnancy and lactation**

As with all medicines doctor or healthcare professional should be consulted before using this medicine during pregnancy and breastfeeding.

#### **4.7 Effects on ability to drive and use machines**

No effects on the ability to drive and use machines have been reported to date. If the recommended dosage is exceeded, no influence on the ability to drive and use machines is to be expected.

#### **4.8 Undesirable effects**

Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. In isolated cases transient skin reactions have been reported. Due to the homeopathic nature of Neurexan tablets a temporary worsening in symptoms (initial aggravation) is possible but harmless.

#### **4.9 Overdose**

No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

### **5. PHARMACOLOGICAL PROPERTIES**

#### **5.1 Pharmacodynamic properties**

ATC code: N07X

Not applicable for homeopathic medicinal products.

#### **5.2 Pharmacokinetic properties**

Not applicable for homeopathic medicinal products.

#### **5.3 Preclinical safety data**

Not applicable for homeopathic medicinal products.

### **6. PHARMACEUTICAL PARTICULARS**

#### **6.1 List of excipients**

Lactose monohydrate  
Magnesium stearate

#### **6.2 Incompatibilities**

Not applicable.

### **6.3 Shelf life**

5 years

### **6.4 Special precautions for storage**

Keep out of the sight and reach of children.

This medicinal product does not require any special storage conditions.

### **6.5 Nature and contents of container**

Packs containing 25 and 50 tablets, with the leaflet. Container/cardboard box.

### **6.6 Special precautions for disposal and other handling**

No special requirements.

## **7. MANUFACTURER / MARKETING AUTHORISATION HOLDER**

Biologische Heilmittel Heel GmbH

Dr.-Reckeweg-Straße 2-4

76532 Baden-Baden

Germany

Telephone: +49 7221 / 501-00

E-Mail: info@heel.com

## **8. DATE OF REVISION OF THE TEXT**

03/2025